

WVSD Elementary Social Emotional Learning Curricula for Grades K-5

New legislation (Senate Bill 5395) states that districts are required to provide Social Emotional Learning (SEL) in K-3 and sexual health instruction must be offered to students in grades 4 or 5-12. For more information on Senate Bill 5395 Comprehensive Sexual Health Education Requirements, check out [OSPI's Frequently Asked Questions](#) document.

WVSD uses the following resources to teach Social Emotional Learning (SEL) to students in grades K-5:

Second Step® Elementary Classroom Curriculum for Kindergarten–Grade 5

The elementary years are the prime time to nurture social-emotional awareness and skills for learning. Evidence-based Second Step Elementary curriculum for Kindergarten–Grade 5 integrates social-emotional learning into the classroom which decreases problem behaviors and increases whole-school success by promoting self-regulation, safety, and support.



The MindUP Curriculum: Grades PreK-5: Brain-Focused Strategies for Learning and Living

Positive school-wide culture and climate.

The MindUP program has been shown to increase pro-social actions, decrease aggressive behaviors, and improve academic achievement especially in math and language arts.

